



TASTE CANADA AWARDS  
LES LAURÉATS DES SAVEURS DU CANADA

## **TASTE CANADA ANNOUNCES THE 2024 SHORTLIST OF CANADIAN COOKBOOKS COMPETING FOR CANADA'S ONE AND ONLY FOOD WRITING AWARDS**

### **Storylines**

1. Taste Canada releases the shortlist for the 2024 awards;
2. The 2024 Taste Canada Awards Soirée; and
3. *Cooks the Books* returns for 2024.

Now in its 27th year, Taste Canada is honoured to highlight Canadian cookbooks and celebrate their place in Canadian culture. Taste Canada is passionate about promoting diverse culinary books so their unique recipes, stories and perspectives can be brought to life in kitchens all around the world.

Thanks to a dedicated jury, comprised of volunteers from the culinary industry, Taste Canada is thrilled to announce the 44 titles, from five different book categories (both in English and in French), that have made it onto this year's Shortlist. These incredible books are officially in the running for a 2024 Gold or Silver Taste Canada award.

Thank you to all the talented Canadian culinary writers who submitted their books this year. Writing and publishing a book takes a remarkable amount of time, passion and dedication. Taste Canada is honoured to showcase Canadian authors and their books as they portray our country's heritage, culture, food trends and diversity.

Congratulations to all the authors and publishers, this has been an exciting year with so many incredible submissions.

Are you ready for the reveal? Let's raise a toast to...



# TASTE CANADA AWARDS

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## LES LAURÉATS DES SAVEURS DU CANADA

### **Taste Canada Awards / Les Lauréats des Saveurs du Canada 2024**

#### **Shortlist \ Liste restreinte**

##### **English-Language Categories**

###### **Culinary Narratives**

*Kings of Their Own Ocean: Tuna, Obsession, and the Future of Our Seas* by Karen Pinchin, Knopf Canada, Toronto

*Kitchen Bliss* by Laura Calder, Simon & Schuster Canada, Toronto

*The Matryoshka Memoirs: A Story of Ukrainian Forced Labour, the Leica Camera Factory, and Nazi Resistance* by Sasha Colby, ECW Press, Toronto

*Where We Ate: A Field Guide to Canada's Restaurants, Past and Present* by Gabby Peyton, Appetite by Random House, Vancouver

*Wine Witch on Fire: Rising from the Ashes of Divorce, Defamation, and Drinking Too Much* by Natalie MacLean, Dundurn Press Ltd., Toronto

###### **General Cookbooks**

*Cake & Loaf Gatherings: Sweet and Savoury Recipes to Celebrate Every Occasion* by Nickey Miller and Josie Rudderham, Penguin Canada, Toronto

*Dad in the Kitchen: Over 100 Delicious Family Recipes You'll Love to Make and They'll Love to Eat* by Cory Vitiello and Chris Johns, Appetite by Random House, Vancouver

*Fraiche Food, Fuller Hearts: Wholesome Everyday Recipes Made with Love* by Jillian Harris and Tori Wesszer, Penguin Canada, Toronto

*In Mary's Kitchen: Stress-Free Recipes for Every Home Cook* by Mary Berg, Appetite by Random House, Vancouver

*Salad Pizza Wine: And Many More Good Things from Elena* by Janice Tiefenbach, Stephanie Mercier Voyer, Ryan Gray and Marley Sniatowsky, Appetite by Random House, Vancouver



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### **Regional/Cultural Cookbooks**

*Eat Alberta First: A Year of Local Recipes from Where the Prairies Meet the Mountains* by Karen Anderson, TouchWood Editions, Surrey

*Flavour with Benefits: Sicily & Calabria* by Cathy Connally and Charley Best, Collesano Publishing, Toronto

*My Thali: A Simple Indian Kitchen* by Joe Thottungal with Anne DesBrisay, Figure 1 Publishing, Vancouver

*Okanagan Eats: Signature Chefs' Recipes from British Columbia's Wine Valleys* by Dawn Postnikoff & Joanne Sasvari, Figure 1 Publishing, Vancouver

*Sabai: 100 Simple Thai Recipes for Any Day of the Week* by Pailin Chongchitnant, Appetite by Random House, Vancouver

### **Single-Subject Cookbooks**

*A Generous Meal: Modern Recipes for Dinner* by Christine Flynn, Penguin Canada, Toronto

*Anna Olson's Baking Wisdom: The Complete Guide: Everything You Need to Know to Make You a Better Baker (with 150+ Recipes)* by Anna Olson, Appetite by Random House, Vancouver

*BReD: Sourdough Loaves, Small Breads, and Other Plant-Based Baking* by Ed Tatton with Natasha Tatton, Penguin Canada, Toronto

*Farmhouse Vegetables: A Vegetable-Forward Cookbook* by Michael Smith, Penguin Canada, Toronto

*Let's Eat: Recipes for Kids Who Cook* by DL Acken and Aurelia Louvet, TouchWood Editions, Surrey

### **Health or Special Diet Cookbooks**

*Craving Vegan: 101 Recipes to Satisfy Your Appetite the Plant-Based Way* by Sam Turnbull, Appetite by Random House, Vancouver



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*Everyday Mediterranean: A Complete Guide to the Mediterranean Diet with 90+ Simple, Nourishing Recipes* by Vanessa Perrone, Appetite by Random House, Vancouver

*Histamine Haven: The Essential Guide and Cookbook to Histamine and Mast Cell Activation* by Tracey Reed & Luka Symons, Archway Publishing, Bloomington

*Super Tonics: 75 Adaptogen-Packed Recipes for Sleep, Beauty, and Wellness* by Meredith Youngson, Appetite by Random House, Vancouver

*The Vegan Bridge: Expanding Plant-Based Cuisine* by Romain Avril and Richelle Tablang, Whitecap Books, Toronto

### **Les catégories de langue française**

#### **Narrations culinaires**

*Comment faire ses conserves sans empoisonner sa famille* par Anne-Marie Desbiens, Les Éditions La Presse, Montréal

*Hooké - Aventures et cuisine sauvage* par Fred Campbell avec Jean-Philippe Leclerc, KO Éditions, Montréal

*La part du gâteau - Agropouvoir-biotechnologie-environnement : enjeux mondiaux de l'alimentation* par Sylvain Charlebois, Fides, Montréal

#### **Livres de cuisine générale**

*Cuisiner plus avec moins, 70 recettes pour se régaler à petit prix* par Vicky Payeur, Les Éditions de l'Homme, Montréal

*Dom Cooks, Des recettes simples pour célébrer chaque moment* par Dominic Lamirande, Les Éditions de l'Homme, Montréal

*Ma cuisine* par Hélène Laurendeau, Guy Saint-Jean Éditeur, Laval

*Miamski ! On cuisine en famille* par Madame Labriski (Mérianne Labrie), Les Éditions de l'Homme, Montréal

*Tellement frais* par Geneviève O'Gleman, Les Éditions de l'Homme, Montréal



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### **Livres de cuisine régionale et culturelle**

*À la table d'Adelle : souvenirs et recettes d'une immigrante syrienne* par Adelle Tarzibachi, KO Éditions, Montréal

*Bottega, Nos recettes et traditions familiales* par Giovanna Covone, Les Éditions de l'Homme, Montréal

*Dans les cuisines du monde* par Marianne Lefebvre, Les Éditions Québec Amérique, Montréal

*De Tout Cœur* par Amine Laabi avec Alexandra Diaz, Les Éditions de l'Homme, Montréal

### **Livres de cuisine sujet unique**

*Boire mieux : 180 recettes de cocktails légers en alcool et sans alcool* par Patrice Plante, Les Éditions La Presse, Montréal

*Complètement Banane - Pour enfin passer tes vieilles bananes* par Hubert Cormier, Guy Saint-Jean Éditeur, Laval

*Le Pain de Christina. 60 recettes infaillibles* par Christina Blais, Les Éditions Cardinal, Montréal

*Mon année chocolat, Recettes gourmandes au gré des saisons* par Juliette Brun, Les Éditions de l'Homme, Montréal

*Ramène-moi un ramen - Soupes, salades et bols comme au resto* par Hubert Cormier, Guy Saint-Jean Éditeur, Laval

### **Livres de cuisine santé ou d'alimentation particulière**

*À go, on mange slow, Recettes de saison inspirées des pays scandinaves* par Madeleine Arcand et Maxime Morin, Les Éditions de l'Homme, Montréal

*Jean-Philippe autour du monde. 100 recettes véganes pour voyager* par Jean-Philippe Cyr, Les Éditions Cardinal, Montréal



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### **THE 2024 TASTE CANADA AWARDS SOIRÉE**

Authors, publishers, *Cooks the Books* participants and select industry partners will be invited to a celebration of this year's shortlisted authors. Gold and Silver winners in each category in English-language books and French-language books will be announced during a cocktail reception, featuring local Canadian spirits and delicious chef-prepared hors d'oeuvres. The winners of the 2024 *Cooks the Books* presented by Canadian Beef and the Taste Canada Hall of Fame presented by the Culinary Historians of Canada will also be revealed. The Taste Canada Awards Soirée will be held in Toronto on Monday, October 21, 2024 (date subject to change).

### **COOKS THE BOOKS RETURNS FOR 2024**

The much-anticipated student cooking competition inspiring future culinary talents will return this year on Sunday, October 20th, 2024, at Cirillo's Academy Toronto.

Taste Canada *Cooks the Books*, presented by Canadian Beef, is a nationwide cooking competition where the industry's future culinary leaders compete for the coveted title of "Taste Canada's Best New Student Chefs."

Students will be invited to showcase their own unique recipe creation featuring a cut of Canadian beef and present their dish to a panel of distinguished judges. More information about *Cooks the Books* will be posted on Taste Canada's website: <https://tastecanada.org/>.

Interviews with Karen Baxter, Executive Director or shortlisted authors can be facilitated. Contact Karen at [kgerling@uoguelph.ca](mailto:kgerling@uoguelph.ca) with any requests.